

## **Community Support Groups:**

**Revised 05/03/10**

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- AARP Chapter 3123: Fourth Wednesday of the month, 1 p.m., Ethel Berger Center, 459-2655.
- Abortion Recovery Counseling & Support Program: Peer-led volunteer services are free and confidential. Call 459-5683 for help, hope & healing.
- Adult Children of Alcoholics: Tuesdays, noon to 1 p.m., Village Meadows Church of Christ, 234-1620.
- Al-Anon, Bisbee: Mondays and Wednesdays, St. John's Episcopal Church, 7 p.m., 432-4448 or 432-7845.
- Al-Anon, Keep It Simple: Wednesdays, 6 to 7 p.m., Serenity Club on Highway 92, 456-6978.
- Al-Anon, One Minute at a Time: Thursdays, noon to 1 p.m., St. Andrew Church, 439-9703.
- Al-Anon, Sierra Vista: Sundays, 9:30 to 10:30 a.m., Room 106A of Wick Building on the corner of Wilcox Drive and Fab Avenue; and Wednesdays, 6 to 7 p.m., Serenity Club on Highway 92, 378-2053.
- Alcoholics Anonymous: Honest, Open & Willing Group, Tuesdays, 7:30 p.m., Village Meadows Church of Christ, 378-4392.
- Alzheimer's Support: Fourth Thursday, 10:30 a.m. to noon, Sierra Vista Public Library, 332-6601.
- American Ex-Prisoners of War: Third Saturday, 2 p.m., Elks Lodge, 459-7295.
- Bereavement Support Group: Tuesdays starting Sept. 8, 4-5:30 p.m., 1840 Paseo San Luis, 417-3082.
- Better Breathers Club: Every third Tuesday, 3-4:30 p.m., conference room of Sierra Vista Regional Health Center, 417-4528.
- Brain Tumor/Traumatic Brain Injury Support Group: This group is disbanding because of low turnout. Call 378-1581.
- Cancer Support Group: First Tuesday, noon, Cochise Oncology, 803-6644, [cochiseoncology.com](http://cochiseoncology.com).
- Cancer Support Group: First Thursday, 6 to 7 p.m., Dr. McCarthy's office, 4990 E. Mediterranean Drive, 417-1163.
- CANTER (Cochise Area Network of Therapeutic Equestrian Resources): Open house on first Sundays, noon to 3 p.m., visit [www.canter.cochisenet.com](http://www.canter.cochisenet.com) [6] or call 378-3196.
- Caregiver's Support Group: Last Monday, 2 p.m., Faith Presbyterian Church Fellowship Hall at 2053 E. Choctaw Drive, 378-9400.

- C.A.R.E.S.(Child Advocacy through Rural Education & Support) meets bi-monthly on the 2ND Thursday of each month at 999 E Fry Blvd, Suite 109, 1:30-3 p.m. Video-conference links throughout Southeastern Arizona available. Call 520-678-9695  
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  - Celebrate Recovery: A safe place to recover from life's hurts, habits and hang-ups, Fridays, 6 p.m., Sierra Vista Baptist Church, 458-2273 or 234-6398.
  - Committee for Prevention of Child Abuse: Third Tuesday (except July and December), 11:30 a.m. to 1 p.m., University of Arizona South, Room 508, 266-0620 or [hw.thomas@cox.net](mailto:hw.thomas@cox.net) [10].
  - Disabled American Veterans Auxiliary Unit 14: Fourth Saturday, Mona Bishop Room at Sierra Vista Public Library. Call 678-7743 or e-mail [mcamp81@cox.net](mailto:mcamp81@cox.net) [11].
  - Divorce Care and Divorce Care for Kids: Wednesdays, Sierra Vista First Baptist Church, call for time, 458-2273.
  - Epilepsy Foundation of Cochise County: Meets the last Wednesday of every month at the Sierra Vista Library. Meeting time is 7 p.m. Further information is available at (520) 459-7473  
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  - G.A.R.D.— Guided Abusive Relationship Discussion: Women only, Wednesdays, 5 to 6 p.m., in Copper Queen Hospital conference room. If you are questioning your present relationship or have been in an abusive one before, you are welcome to attend.
- Gamblers Anonymous, Sierra Vista: Wednesdays, 6 to 7 p.m. SEABHS, 4755 Campus Drive. Across from the Cochise College Campus. 249-4086 or 508-3066.
- Good Neighbor Alliance: Homeless shelter and advocacy organization board meeting, third Tuesdays, Sierra Vista United Methodist Church, 5:15 p.m., open to the public, 439-0776.
  - Grief & Loss Support Group meets 1st & 3rd Mondays, 3:30 pm at the Helen Spring Memorial Chapel (New Hope Fellowship), 5420 Desert Shadows Drive. Call Valor Hospice Care @ 458-9450.
  - Hepatitis C Support Group: Tuesdays, 7 p.m., Bisbee Y, 432-1413.
  - La Leche League (breastfeeding support group): Third Saturday (except Dec.), 10-11:30 a.m., New Hope Fellowship Church, 216-3151.
  - Look Good Feel Better (women's cancer support): Second Monday, 5:15 to 7:15 p.m., 4990 E. Mediterranean Dr., Suite D, 417-1163.
  - Loved Ones Incarcerated support group: Meets in Bisbee, Sierra Vista and Douglas. Please call for locations and times, 234-6076.
  - Low-Vision Support Group: Tuesdays, 10 to 11:30 a.m., Oscar Yrun Center, 458-6441.

- MOMS (Moms Offering Moms Support) Club of Sierra Vista, West: Second Wednesday, 10 a.m. momsclubofsierravista.com, e-mail momsclubofsierravista [west@yahoo.com](mailto:west@yahoo.com) [18] for location.
- MOMS (Moms Offering Moms Support) of Sierra Vista, East: Second Friday of every month at 10:30 a.m.; e-mail [momsclubofsierravistaeast@yahoo.com](mailto:momsclubofsierravistaeast@yahoo.com) [19] or visit [www.freewebs.com/momsclubofsierravista](http://www.freewebs.com/momsclubofsierravista) [20] eastaz/ for more information.
- NAMI CARE Support Group: For persons affected by depression, anxiety, bipolar disorder, other mental illnesses. Thursdays, 6:30-8 p.m., NAMI Resource Center, 77 Calle Portal A-280 (upstairs), call 459-3228 or (800) 380-2322  
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- NAMI Family & Friends Support Group: For those who have an adult loved one coping with mental illness, Thursdays, 6:30-8 p.m., 77 Calle Portal, call 459-3228 or (800) 380-2322  
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- NAMI Peer Support Groups: Support for parents/caregivers of children with emotional/behavioral disorders. Peer groups for kids, too. Second and fourth Tuesdays, 6-7:30 p.m., Church of Christ in Village Meadows, 815 El Camino Real, call 459-3228 or (800) 380-2322  
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- Narcotics Anonymous: Half Moon Group (open/discussion), Monday, 6:30 p.m., St. Paul's Missionary Baptist Church upstairs, corner of Carmichael and Theater, 459-1298.
- Narcotics Anonymous: Full Moon Group (open), Wednesday, 8 p.m., Oscar Yrun Community Center, 459-1298, natucson.org.
- Narcotics Anonymous: "It Works, How & Why" (open, step study), Thursday, 5:30 p.m., St. Paul's Missionary Baptist Church upstairs, corner of Carmichael and Theater, 459-1298.
- Narcotics Anonymous: "We Do Recover," Saturday, 7:30 p.m., St. Paul's Missionary Baptist Church upstairs, corner of Carmichael and Theater, 459-1298, natucson.org.
- Open Door Ministries (prison ministry): Gospel services Sundays, 10:30 a.m., Bisbee Senior Center — 300 Collins Road, Bisbee, Ariz., 559-1751
- Open Door Ministries (prison ministry): Building a Fireproof Marriage, Single- Married-Divorce, this is a class for you, Every second and third Sunday, 2 p.m. - 4 p.m. at the Bisbee Senior Center ,300 Collins Rd, Bisbee ,Az Hope to see you there - 559-1751
- Overeaters Anonymous: Mondays at 7 p.m., Thursdays at 6:30 p.m., Saturdays at 10 a.m., Church of Christ in Village Meadows, 456-6928 or 417-1645.
- Parkinson's Disease Support Group: Second Wednesday, 1:15 to 3 p.m., Mona Bishop Room of Sierra Vista Public Library, 458-5870.

- Perinatal Bereavement Support Group (CARE): For families who have experienced the loss of a baby. First Tuesday of the month from 6:30pm -8:30 p.m., at the Sierra Vista Regional Health Center - Olsen Bldg., located across from the hospital on El Camino Real, 417-4557.
- Postpartum Support Group: First and third Thursday, 6 p.m., Sierra Vista library, 459-3468 or [sierravistapostpartum@yahoo.com](mailto:sierravistapostpartum@yahoo.com) [22].
- Special Needs Family Support Group: Second and fourth Mondays, 4755 E. Campus Drive, 508-4248.
- Stroke Support Group: Fourth Wednesday, 4 to 5 p.m., Ethel Berger Center, 417-4560 or [shelly.heilman@svrhc.org](mailto:shelly.heilman@svrhc.org) [26].
- Thunder Mountain Parent Support Group (for children with special needs): Second and fourth Mondays, 6-7:30 p.m., Village Meadows Elementary School.
- TOPS AZ 90 (weight loss support group): Tuesdays, weigh in 5:15 to 5:50 p.m., program 6 to 7 p.m., Church of Christ, 815 El Camino Real. 459-1645 or 378-0904.
- TOPS AZ 215 (weight loss support group): Fridays, weigh in 7:45 to 8:45 a.m., meeting starts 9 a.m., Village Meadows Church of Christ, 815 El Camino Real. 378-0732.
- TOPS (weight loss support group): Mondays, 1 p.m., Grace Lutheran Church, 432-9163.
- TOPS Tombstone (weight loss support group): Wednesdays, 6:15 to 7 p.m., 312 W. Allen St., 457-2442.
- TOPS AZ 523 (weight loss support group): Thursday, Sierra Lutheran Church, 101 N. Lenzner Ave. Weigh-in at 5:15 p.m. Meeting at 6 p.m., 439-4366.
- US TOO (Prostate cancer support group): Last Friday, 7:30 to 8:30 a.m., Sun Canyon Inn, no meetings in Nov. or Dec., 803-1409 or 459-2392.
- Widowed Support Center meetings: Second Wednesday, 1 p.m., corner of Fry and Buffalo Soldier, 533-3807.